

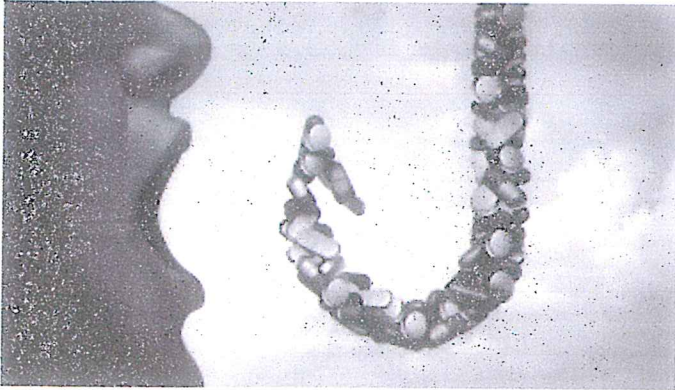
Substance Use Therapy Group

Substance Use Group

Ages 13-18

Offered multiple times throughout week.

Focuses on relapse prevention, harm reduction and substance use education.



Mental Health Therapy Groups

Trauma Group

Ages 13-18

Offered twice per week

Trauma focused group for youth who have experienced physical, sexual or emotional trauma.

Behavioral Therapy Group

Ages 13-18

Offered twice per week

Behavioral group will address youth with behavioral and impulse related issues through use of cognitive behavioral therapy.

Processing Group

Ages 13-18

Offered multiple times per week for youth placed in Valley Youth Connections, LLC during the school day.

Focuses on improving emotional reactivity, communication and problem solving through focus on interpersonal dynamics.

